Dr.YSR UNIVERSITY OF HEALTH SCIENCES, VIJAYAWADA MPT DISSERTATION TOPICS for the year 2023

| S.I.NO | Title | Year | COURSE/SUBJECT |
|--------|---|------|----------------------------|
| 1 | A Comparative Study On Effectiveness Of Wand Stretching Exercises Versus Abdominal Strengthening Exercises On Decreasing Abdominal Fat Among Middle Aged Obese Women. | 2023 | CARDIOVASCULAR & PULMONARY |
| 2 | A Comparative Study To Find Out The Effect Of Postural Drainage With Percussion And Active Cycle Of Breathing Technique In Patients With Chronic Bronchitis. | 2023 | CARDIOVASCULAR & PULMONARY |
| 3 | A Comparative Study To Find Out The Effectiveness Of Autogenic Drainage And Active Cycle Breathing Techniques In Patients With Chronic Obstructive Pulmonary Disease | 2023 | CARDIOVASCULAR & PULMONARY |
| 4 | A Cross-Sectional Study On 6-Minute Walk Test Performance In Children Who Are Normal Weight And Overweight | 2023 | CARDIOVASCULAR & PULMONARY |
| 5 | A Study To Compare The Effectiveness Of Diaphragmatic Strength Training By Weights And Inspiratory Muscle Training In Patients With Bronchial Asthma | 2023 | CARDIOVASCULAR & PULMONARY |
| 6 | An Observational Study On The Association Of Physical And Mental Health In People Discharged With Covid - 19 | 2023 | CARDIOVASCULAR & PULMONARY |
| 7 | Effect Of Active Cycle Breathing Technique On Pulmonary Function Test After Abgrandomised Control Study | 2023 | CARDIOVASCULAR & PULMONARY |
| 8 | Effect Of Low Intensity Exercise Training (Chair Calisthenics) With Yoga And Chest Physiotherapy On Exercise Tolerance, Qof And Lung Function In Copd. | 2023 | CARDIOVASCULAR & PULMONARY |
| 9 | Effect Of Pnf Stretching With Chest Mobility Versus Pnf Stretching With Aerobic Training On Chest Expansion And Pulmonary Function In Healthy Elderly. | 2023 | CARDIOVASCULAR & PULMONARY |
| 10 | Effectiveness Of Flutter Mucus Clearnance Device On Lung Function To Reduce Dyspnea And Improve Quality Of Life In Subjects With Covid-19 | 2023 | CARDIOVASCULAR & PULMONARY |
| 11 | Effectiveness Of Alternate Nostril Breathing Vs Slow Deep Breathing Technique Exercise In Mild And Modrate Hypertension. | 2023 | CARDIOVASCULAR & PULMONARY |
| 12 | Effectiveness Of Eltgol Versus Positive Expiratory Pressure On Pulmonary Function And Quality Of Life In Subjects With Bronchiectasis. | 2023 | CARDIOVASCULAR & PULMONARY |

| MPT DISSERTATION TOPICS for the year 2023 | | | | | |
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| S.I.NO | Title | Year | COURSE/SUBJECT | | |
| 13 | Effectiveness Of Guided Imagery Versus Yoga Nidra On Systolic And Diastolic Blood Pressure Among Hypertensive Subjects. | 2023 | CARDIOVASCULAR & PULMONARY | | |
| 14 | Effectiveness Of High Intensity Treadmill Training Versus Low Intensity Treadmill Training To Improve Exercise Tolerance In Subjects With Bronchiectasis | 2023 | CARDIOVASCULAR & PULMONARY | | |
| 15 | Effectiveness Of Lung Flute Versus Pilates Breathing Exercises To Improve Symptoms And Quality Of Life In Subjects With Chronic Obstructive Pulmonanry Disease | 2023 | CARDIOVASCULAR & PULMONARY | | |
| | Effectiveness Of Respiratory Muscle Stretch Gymnastics Versus Proprioceptive Neuromuscular Facilitation In Chronic Obstructive Pulmonary Disease. | 2023 | CARDIOVASCULAR & PULMONARY | | |
| 17 | Effectiveness Of Slow Diaphragmatic Breathing Versus Alternate Nostril Breathing Exercise In Subjects With Stage 2 Hypertension | 2023 | CARDIOVASCULAR & PULMONARY | | |
| 18 | Effectiveness Of Twist And Raise Walking Technique And Yoga Asanas On Improving Pulmonary Function In Post Covid-19 Subjects | 2023 | CARDIOVASCULAR & PULMONARY | | |
| 19 | Efficacy Of Pre And Post – Operative Incentive Spirometer And Conventional Chest Physiotherapy On Post- Operative Pulmonary Complications In Cabg Patients | 2023 | CARDIOVASCULAR & PULMONARY | | |
| 20 | Proprioceptive Neuro Muscular Facilitation On Pulmonary Function In Subjects With Chronic Obstructive Pulmonary Disease | 2023 | CARDIOVASCULAR & PULMONARY | | |
| 21 | Role Of Buteyko Breathing Technique Vs Incentive Spirometry On Breath Holding Time And Reducing Complications In Adult Patients With Copd | 2023 | CARDIOVASCULAR & PULMONARY | | |
| 22 | A Comparative Study Of Effectiveness Of Functional Eletrical Stimulation Versus Transcutaneous Electrical Nerve Stimulation For Increasing Dorsiflexion In Foot Drop. | 2023 | NEUROLOGY | | |
| 23 | A Comparative Study Of Wobble Board Exercises Versus Vestibular Stimulation Exercises In Improving Balance In Subjects With Benign Paroxysmal Positional Vertigo After Canalith Repositioning Maneuver. | 2023 | NEUROLOGY | | |
| 24 | A Comparative Study On Effects Of Dry Needling Along With Electrical Stimulation Versus Conventional Electrical Stimulation To Reduce Upper Exrtemity Spasticity In Stroke Patients. | 2023 | NEUROLOGY | | |
| 25 | A Comparative Study On The Effectiveness Of Specific Balance Strategy Versus Conventional Balance Training To Improve Balance In Multiple Sclerosis Patients - A Randomized Controlled Trial | 2023 | NEUROLOGY | | |

| MPT DISSERTATION TOPICS for the year 2023 | | | | |
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| S.I.NO | Title | Year | COURSE/SUBJECT | |
| 26 | A Study To Analyze The Effect Of Dual Task Training On Upper Limb Adl Activities In Adult Stroke Patients- An Experimental Study | 2023 | NEUROLOGY | |
| 27 | A Study To Compare The Effectiveness Of Otago Exercises Versus Pilates Exercises On Balance Among Parkinson Subjects. | 2023 | NEUROLOGY | |
| 28 | Bilateral Object Exploration Training To Improve Effected Hand Function In Stroke Subjects | 2023 | NEUROLOGY | |
| 29 | Comparative Study Between Task Specific Motor Imagery With Mental Practice Versus Task -Oriented Therapy Along With Functional Electrical Stimulation To Improve Upper Limb Functions For Sub-Acute Hemiplegia | 2023 | NEUROLOGY | |
| 30 | Comparision Of Task Oriented Exercise Versus Core Stability Exercises To Improve Balance In Subjects With Sub-Acute Stroke | 2023 | NEUROLOGY | |
| 31 | Comparison Of Dynamic Neural Mobilization On Upper Limb Motor Function And Functional Mobility With Conventional Therapy In Stroke Subjects | 2023 | NEUROLOGY | |
| 32 | Comparison Of Tens Versus High Intensity Laser On Pain And Functional Activity In Subjects With Cervical Radi Culopathy | 2023 | NEUROLOGY | |
| 33 | Eefectiveness Of Swiss Ball Training Exercises And Trunk Training Exercises To Improve Postural Instability In Subjects With Parkinson'S Disease | 2023 | NEUROLOGY | |
| 34 | Effect Of Balance Training On Postural Instability In Patient With Idiopathic Parkinsons Disease. | 2023 | NEUROLOGY | |
| 35 | Effect Of Core Stability On Dissociated Movements Of Upper Extremity In Diplegic Cerebral Palsy | 2023 | NEUROLOGY | |
| 36 | Effect Of Lesion Location On Motor And Functional Recovery In Subjects Undergoing Post Stroke Rehabilitation | 2023 | NEUROLOGY | |
| 37 | Effect Of Nordic Walking Versus Resistance Training To Improve Balance And Gait In Subjects With Parkinson'S Disease | 2023 | NEUROLOGY | |
| 38 | Effect Of Pnf Vs Ndt Training To Improve Ankle Function And Balance In Stroke | 2023 | NEUROLOGY | |

| MPT DISSERTATION TOPICS for the year 2023 | | | | |
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| S.I.NO | Title | Year | COURSE/SUBJECT | |
| 39 | Effect Of Tens On Neurophysiology Of Spastic Soleus Muslce In Chronic Stroke Patients | 2023 | NEUROLOGY | |
| | Effectiveness Of Constraint Induced Movement Therapy Versus Bimanual Training In Children With Unilateral Cerebral Palsy | 2023 | NEUROLOGY | |
| 41 | Effectiveness Of Graded Motor Imagery Versus Constrain Induced Movement Therapy Along With Conventional Physiotherapy In Hand Function In Stroke Patients | 2023 | NEUROLOGY | |
| 42 | Effectiveness Of Hand Arm Bimanual Intensive Therapy Versus Graded Motor Imagery On Improving Hand Function In Subjects With Cerebral Palsy. | 2023 | NEUROLOGY | |
| 43 | Effectiveness Of Mime Therapy Versus Proprioceptive Neuromuscular Facilitation On Facial Function In Subjects With Bell'S Palsy | 2023 | NEUROLOGY | |
| 44 | Effectiveness Of Proprioceptive Neuromuscular Facilitation Versus Neuromuscular Re-Education On Facial Disability In Subjects With Bells'S Palsy | 2023 | NEUROLOGY | |
| 45 | Effectiveness Of Restorative Approach Versus Conventional Approach On Balance And Gait In Subjects With Traumatic Brain Injury | 2023 | NEUROLOGY | |
| 46 | Effectiveness Of Standardized Rehabilitation On Upper Limb Recovery In Different Types Of Stroke Among Young Stroke Subjects | 2023 | NEUROLOGY | |
| 47 | Effectiveness Of Swiss Ball Exercises Versus Balance Board Exercises To Improve The Trunk Stability And Balance In Spastic Hemiplegic Cerebral Palsy. | 2023 | NEUROLOGY | |
| 48 | Effectiveness Of Taping On Scapular Stability And Upper Limb Function In Chronic Hemiplegi Stroke Subjects With Scapular Weakness | 2023 | NEUROLOGY | |
| | Effectiveness Of Task Oriented Training Program And Backward Walking Training To Improve Balance And Mobility In Stroke Subjects. | 2023 | NEUROLOGY | |
| 50 | Effectiveness Of Task Specific Motor Imagery Therapy With Mental Practice Versus Mirror Therapy On Hand Function In Hemiplegic Stroke Subjects | 2023 | NEUROLOGY | |
| 51 | Effectiveness Of Vestibuar Rehabilitation Therapy Versus Dual Task Training On Balance And Gait In Pca Stroke Subjects | 2023 | NEUROLOGY | |

| MPT DISSERTATION TOPICS for the year 2023 | | | | |
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| S.I.NO | Title | Year | COURSE/SUBJECT | |
| 52 | Efficacy Of Autogenic Training To Improve Functional Independence Activities In Parkinson'S Subjects. | 2023 | NEUROLOGY | |
| 53 | Effieciency Of Close Kinetic Chain & Open Kinetic Chain Exercises To Improve Gait Speed In Hemiplegic Patients. | 2023 | NEUROLOGY | |
| 54 | Sonographic Evaluation Of Shoulder For Planning A Therapeutic Regimen In Subjects With Post Stroke Shoulder Pain | 2023 | NEUROLOGY | |
| 55 | Testing Comparitive Effilacy Between Neural Mobilisation And Motor Control Training In Lumbar Radiculopathy | 2023 | NEUROLOGY | |
| 56 | Testing Comparitive Effilacy Of Surged Faradic Stimulation Versus Phythmic Initiation (Pnf) In Improving Dorsi Flexion In Hemiplegic Patient. | 2023 | NEUROLOGY | |
| 57 | Testing Comparitive Effilacy Of Surged Faradic Stimulation Versus Phythmic Initiation (Pnf) In Improving Dorsi Flexion In Hemiplegic Patient. | 2023 | NEUROLOGY | |
| 58 | Testing The Comparitive Efficacy Between Icing Plus Low Grade Sustained Stretching Versus Weight Bearing Exercises Plus Oassive Movements In Reducing Spasticity Of Upper Extremity In Stroke | 2023 | NEUROLOGY | |
| 59 | The Effect Of Pnf Vs Brunnstrom Approach In Improving Adl In Stroke Subjects | 2023 | NEUROLOGY | |
| 60 | The Effectiveness Of Neural Mobilization On Radiculopathy Patients With Cervical Traction. | 2023 | NEUROLOGY | |
| 61 | To Find Out The Effectiveness Of Hand Arm Bimanual Intensive Therapy (Habit) On Improving Fine Motor Function In Children With Spastic Cerebral Palsy | 2023 | NEUROLOGY | |
| 62 | To Find Out The Effectiveness Of Otago Exercises Versus Feldenkrais Exercises On Balance And Prevention Of Falls In Older Adults | 2023 | NEUROLOGY | |
| 63 | A Comparative Study Between Mulligan Bent Leg Raise Technique And Myofascial Release In Elderly People In Reducing Hamstring Tightness | 2023 | ORTHOPAEDICS | |
| 64 | A Comparative Study On Effectiveness Of Muscle Energy Techniques Versus Ankle Joint Mobilizations On Pain, Range Of Motion In Subjects With Chronic Plantar Fascitis | 2023 | ORTHOPAEDICS | |

| MPT DISSERTATION TOPICS for the year 2023 | | | | |
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| S.I.NO | Title | Year | COURSE/SUBJECT | |
| 65 | A Comparative Study On Iliotibial Band Stretching Versus Gluteus Medius Strengthening In Improving Functional Ability In Iliotibial Band Syndrome | 2023 | ORTHOPAEDICS | |
| 66 | A Comparative Study On The Effectiveness Of Muscle Energy Techniques And Maitland Mobilization Coupled With Ultrasound In Patients With Periarthritis Of The Shoulder Joint | 2023 | ORTHOPAEDICS | |
| 67 | A Comparison Of Three Different Physiotherapeutic Interventions In Improving Hamstring Flexibility In Individuals With Hamstring Tightness. | 2023 | ORTHOPAEDICS | |
| 68 | A Comparitive Study Of Exercise Therapy And Electro Therapy In Treatment Of Cervical Spondylitis Patients . | 2023 | ORTHOPAEDICS | |
| 69 | A Comparitive Study On Effectiveness Of Mulligan Mobilization With Ultrasound On Sacroiliac Joint Dysfuction | 2023 | ORTHOPAEDICS | |
| 70 | A Comparitive Study On The Effectivenes Of Ultra Sound And Surged Faradic Current In The Subjects With Trapeziti. | 2023 | ORTHOPAEDICS | |
| 71 | A Study On Effectiveness Of Isotonic Concentric Exercises On Pain And Function In Subjects With Rotator Cuff Tendinopathy | 2023 | ORTHOPAEDICS | |
| 72 | A Study On Effectiveness Of Muscle Energy Technique On Pain And Functional Disability In Subjects With Cervical Dysfunction | 2023 | ORTHOPAEDICS | |
| 73 | A Study To Compare The Effectiveness Of Pilates V/S Back Excercises In Adolescents With Non Specific Low Back Ache | 2023 | ORTHOPAEDICS | |
| 74 | A Study To Compare The Effectiveness Of Positional Release Therapy Versus Post Facilitation Stretch Technique In Subjects With Piriformis Syndrome | 2023 | ORTHOPAEDICS | |
| 75 | A Study To Compare The Efficacy Of Muscle Energy Technique(Met) With Trigger Point Therapy(Tpt) And Ultrasound(Us) To Muscle Energy Technique With Ultra Sound To Trigger Point Therapy With Ultra Sound In Trapezitis. | 2023 | ORTHOPAEDICS | |
| 76 | A Study To Find The Effectiveness Of Foot Orthoses And Kinesio Taping In Food Drop | 2023 | ORTHOPAEDICS | |
| 77 | An Experimental Study Of "Effects Of Ift Versus Dry Needling In Piriformis Syndrome In Young Population 20-30 Years Male Samples . | 2023 | ORTHOPAEDICS | |

| MPT DISSERTATION TOPICS for the year 2023 | | | | |
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| S.I.NO | Title | Year | COURSE/SUBJECT | |
| 78 | Combined Effect Of Kinesiotaping With Agility And Perturbation Exercises Vs Kinesiotaping In Reducing Pain And Increasing Functional Ability In Patients With Osteoarthritis Knee. | 2023 | ORTHOPAEDICS | |
| 79 | Comparative Effect Of Combinatin Of Isotonic And Rhythmic Stabilization Techniques With Motor Control Exercises For Reducing Pain And Disability In Patients With Chronic Non-Specific Low Back Pain | 2023 | ORTHOPAEDICS | |
| 80 | Comparison Of Kinesiotaping Versus Cryiax Friction Massage Alkong With Supervised Exercise Therapy For The Treatment Of Shoulder Impingement Syndrome. | 2023 | ORTHOPAEDICS | |
| 81 | Correlation Between Body Mass Index And Low Back Pain Who Are Undergoing Physiotherapy | 2023 | ORTHOPAEDICS | |
| 82 | Correlation Between Iliotibial Band Tightness And Uppercross Syndrome | 2023 | ORTHOPAEDICS | |
| 83 | Effect Of Kinesio Taping Versus Ultra Sound For Osteo Arthritis Of Knee | 2023 | ORTHOPAEDICS | |
| 84 | Effect Of Laser Therapy Versus Ultrasound Therapy In Adjacent To Stretching Exercises In Treating Pes Anserine Bursitis | 2023 | ORTHOPAEDICS | |
| 85 | Effect Of Preventive Physiotherapy Care On Work Related Musculoskeletal Disorders Among Dental Fraternity | 2023 | ORTHOPAEDICS | |
| 86 | Effectiveness Of Active Release Technique Versus Jandas Approach On Pain And Neck Disability Index Among Teachers With Upper Cross Syndrome. | 2023 | ORTHOPAEDICS | |
| 87 | Effectiveness Of Cervical Mobilization(Snags) Combined With Isometric Exercises With Tens Verses Isometric Exercise And Tens To Increase Range Of Motion In Patients With Mechanical Neck Pain. | 2023 | ORTHOPAEDICS | |
| 88 | Effectiveness Of Combined Sustained Natural A Pophyseal Glides And Scapular Strengthening Exercises In Reducing Pain And Disability In Subjects With Chronic Neck Pain | 2023 | ORTHOPAEDICS | |
| 89 | Effectiveness Of Craniosacral Therapy With Myofascial Release Versus Conventional Physiotherapy On Pain And Function In Subjects With Non Specific Neck Pain | 2023 | ORTHOPAEDICS | |
| 90 | Effectiveness Of Functional Task Training Vs Stretching With Isokinetic Exercises In Subjects With Osteoarthritis Of Knee | 2023 | ORTHOPAEDICS | |

| MPT DISSERTATION TOPICS for the year 2023 | | | | |
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| S.I.NO | Title | Year | COURSE/SUBJECT | |
| 91 | Effectiveness Of Instrument Assisted Soft Tissue Mobilization Versus Conventional Physiotherapy To Improve Range Of Motion And Reduce Pain In Patients With Periarthritis Of Shoulder | 2023 | ORTHOPAEDICS | |
| 92 | Effectiveness Of Manual Therapy And Stabilizing Exercises To Improve Posture On Forward Head Posture In Subjects With Static Lifting Tasks | 2023 | ORTHOPAEDICS | |
| 93 | Effectiveness Of Mckenzie Exercises Versus Muscle Energy Technique On Pain ,Range Of Motion And Funtional Disability Among Dentists Witn Non Specific Neck Pain. | 2023 | ORTHOPAEDICS | |
| 94 | Effectiveness Of Muscle Energy Technique Versus Rocobado Exercises To Improve Functional Activity In Subjects With Temporomandibular Joint Dysfunction | 2023 | ORTHOPAEDICS | |
| 95 | Effectiveness Of Myofascial Release Technique Along With Motor Control Exercise And Moist Heatpack In Decreasing Pain, Fear Avoidance Beliefs, Quality Of Life And Disability In Chronic Low Back Pain In Comparision With Motor Control Exercise Along With Moist Heatpack Application | 2023 | ORTHOPAEDICS | |
| 96 | Effectiveness Of Pilates And Gong'S Mobilization On Pain, Range Of Motion And Function In Text Neck Syndrome Among Young Adults | 2023 | ORTHOPAEDICS | |
| 97 | Effectiveness Of Positional Release Technique Along With Exercises Versus Motor Control Exercises Using Swiss Ball On Pain, Range Of Motion And Functional Disability In Subjects With Chronic Mechanical Low Back Pain. | 2023 | ORTHOPAEDICS | |
| 98 | Effectiveness Of Rhythmic Stabilization Exercise Versus Motor Control Exercises On Pain And Function In Subjects With Non Specific Low Back Pain | 2023 | ORTHOPAEDICS | |
| 99 | Effectiveness Of Snag Mobilization And Autogenic Muscle Energy Technique On Pain, Range Of Motion And Function In Subjects With Mechanical Neck Pain | 2023 | ORTHOPAEDICS | |
| 100 | Effectiveness Of Spencer Muscle Energy Technique And Gong'S Mobilization On Pain, Range Of Motion And Function In Subjects With Adhesive Capsulitis Of Shoulder | 2023 | ORTHOPAEDICS | |
| 101 | Effectiveness Of Spencers Muscle Energy Technique Versus Theraband Exercises Along With Conventional Physiotherapy In Subjects With Adhesive Capsulitis. | 2023 | ORTHOPAEDICS | |
| 102 | Effectiveness Of Virtual Training And Standardised Treatment On Range Of Motion And Function In Subjects With Adhesive Capsulitis Of Shoulder | 2023 | ORTHOPAEDICS | |
| 103 | Effects Of Isotonic, Isometric And Combined Exercises Protocol On Chronic Neck Pain | 2023 | ORTHOPAEDICS | |

| MPT DISSERTATION TOPICS for the year 2023 | | | | |
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| S.I.NO | Title | Year | COURSE/SUBJECT | |
| 104 | Efficacy Of Myofascial Release Along With Strenghening Exercises In Smartphone Users On Pain And Functional Activity In Subjects With Non Specific Chronic Neck Pain. | 2023 | ORTHOPAEDICS | |
| 105 | Efficacy Of Myofascial Trigger Point Release Therapy Combined With Self-Stretching Protocol In Treating Patients With Unilateral Heel Pain | 2023 | ORTHOPAEDICS | |
| 106 | Efficacy Of Nerve Gliding Xercises In Clinically Diagnosed Carpal Tunnel Syndrome | 2023 | ORTHOPAEDICS | |
| 107 | Efficacy Of Resisted Exercises Vs Theraband Exercises With Pnf Stretchingas An Adjunct In Subjects With Knee Osteoarthritis. | 2023 | ORTHOPAEDICS | |
| 108 | Finding The Incidence Of Tight Gastrocnemius- Soleus Muscle In Clinically Diagnosed Plantar Fasciitis Patients | 2023 | ORTHOPAEDICS | |
| 109 | Pendular Exercises Versus Hold Relax Technique To Improve The Range Of Motion In Frozen Shoulder" – A Comparative Study | 2023 | ORTHOPAEDICS | |
| 110 | Testing The Efficacy Of Myofascial Release Of Suboccipital Muscles And Sternocleidomastoid In Neck Pain With Forward Head Posture | 2023 | ORTHOPAEDICS | |
| 111 | The Effect Of Anterior Versus Posterior Glide Joint Mobilization On External Rotation Range Of Motion Of Patients With Adhesive Capsulitis Shoulder. | 2023 | ORTHOPAEDICS | |
| 112 | The Effect Of Dynamic Oscillatory Stretch And Core Activated Hamstring Stretch To Improve Hamstrng And Lumbar Extensibility In Young Adults | 2023 | ORTHOPAEDICS | |
| 113 | The Immediate Effects Of Suboccipital Muscle Inhibition Versus Hold Relax Technique In The Suboccipital Region On Short Hamstring – A Comparative Study | 2023 | ORTHOPAEDICS | |
| 114 | To Compare The Efficacy Of Low Dye Taping Versus Foam Roller Exercises In Subjects With Plantar Fasciltis. | 2023 | ORTHOPAEDICS | |
| 115 | A Comparative Study On Kinesiology Taping Versus Bracing In Patient With Golfer'S Elbow. | 2023 | SPORTS MEDICINE | |
| 116 | A Comparative Study To Evaluate The Efficacy Of Neuromuscular Training And Pilates Training In Ankle Instability Prevention And Performance In Young Adults | 2023 | SPORTS MEDICINE | |

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| S.I.NO | Title | Year | COURSE/SUBJECT | | |
| | A Comparative Study To Know The Effectiveness Of Concentric Versus Eccentric Exercises In Atheletes With Lateral Elbow Tendinopathy | 2023 | SPORTS MEDICINE | | |
| | A Study Evaluating Anterior Cruciate Ligament Injury Of Knee Joint In Sports Persons Injury Prevention And Rehabilitation | 2023 | SPORTS MEDICINE | | |
| | A Study To Know The Effectiveness Of Modified Sleeper Stretch With And Without Taping On Gleno-Humeral Internal Rotation Deficit In Over Head Throwers | 2023 | SPORTS MEDICINE | | |

| MPT DISSERTATION TOPICS for the year 2023 | | | | |
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| S.I.NO | Title | Year | COURSE/SUBJECT | |
| 120 | Effetiveness Of Kinesio Taping For The Prevention And Treatment Of Sports Injuries. | 2023 | SPORTS MEDICINE | |
| 121 | Effect Of Pragmatic Posterior Capsular Stretch And Proprioceptive Neuromuscular Facilitation Stretch On Shoulder Rangeof Motion In Badminton Players. | 2023 | SPORTS MEDICINE | |
| 122 | Effectiveness Of Ankle Balance Taping With Kinesio Tape Versus Mulliagun'S Fibularrepositioning On Improving Dynamicbalancing Among Football Players With Chronic Ankle Instability. | 2023 | SPORTS MEDICINE | |
| 123 | Effectiveness Of Contrast Training Versus Core Strengthening Training In Improvement Of Dynamic Balance And Agility In Collegiate Badminton Players | 2023 | SPORTS MEDICINE | |
| 124 | Effectiveness Of Kinesio Instrument Assisted Soft Tissue Mobilization Technique On Rotator Cuff Injury In Badmintion Players | 2023 | SPORTS MEDICINE | |
| 125 | Effectiveness Of Kinesio Taping Versus Athletic Taping In Chronic Ankle Instability Among Young Sports Players | 2023 | SPORTS MEDICINE | |
| 126 | Effectiveness Of Kinesio Taping With Wall Squats Versus Kinesio Taping With Standard Exercise Program On Pain And Improving Running Performance In Female Runners With Patellofemoral Syndrome | 2023 | SPORTS MEDICINE | |
| 127 | Effectiveness Of Muscle Energy Technique In Comparision With Mulligan Mobilization With Movement In The Management Of Chronic Laterla Epicondylitis | 2023 | SPORTS MEDICINE | |
| 128 | Effectiveness Of Myofascial Release With Shoulder Taping On Sub Acromial Impingement Syndrome In Throwball Players | 2023 | SPORTS MEDICINE | |
| 129 | Effectiveness Of Nordic Hamstring Exercise Vs Dynamic Soft Tissue Mobilization In Improving Hamstring Muscle Flexibility Among Young Male Cricketers | 2023 | SPORTS MEDICINE | |
| 130 | Study On Effectiveness Of Plyometric Training And Proprioceptive Exercises To Prevent Acl Injury In Female Soccer Players. | 2023 | SPORTS MEDICINE | |
| 131 | The Effects Of Lumbo-Sacral Mobilzation With Movement Versus Stretching On Unilateral Pyriformis Syndrome And Associated Lumbar Dysfunction On Middle Aged Patients | 2023 | SPORTS MEDICINE | |
| 132 | To Compare The Effects Of Theraband Exercise And Plyometric Exercise On Throwing Velocity Among Collegiative Cricket Players | 2023 | SPORTS MEDICINE | |